



A heart for God at the heart of Saltash

All are welcome
Wesley News
16 August 2026

Saturday 15 August

10.00am to 12noon – Community Coffee Morning – Mbare/Saltash



Sunday 16 August

09.15am Breakfast

10.00am All Church Together – led by Rev. Stuart Reed, which will include Holy Communion with refreshments and fellowship after the service.

Meeting ID: 8263 9602 2473 Passcode: love4prays

Clicking on the link below will also take you to Zoom.

<https://zoom.us/j/82639602473?pwd=UUKwMXhLYkRieWw0Q0taVW5KTmZwZz09>



Saturday 22 August

10.00am to 12noon – Community Coffee Morning – Little Fishes

Saturday 22 August

2.30pm until 5.00pm

Cream Tea at the home of Derek and Margaret H

Scones jam and cream, stalls, raffle. Donations towards Matthew Rusike Children's Home and Mbare Relief. Address: 430 New Road Saltash

Sunday 23 August

9.15am Breakfast

10.00am All Church Together – led by Noel Morgan.

Reflection on Matthew 15.21-28: Humility and persistence in faith

When reading these passages, it is natural to feel a little unsettled. Why did Jesus initially seem to hold back from someone in need? The Canaanite woman, whose daughter is “tormented by a demon” comes to Jesus for help, and his response appears difficult to understand. He speaks of being sent “only to the lost sheep of the house of Israel” and says that it is not right to “take the children’s food and throw it to the dogs”. It’s a challenging moment, but the woman’s reply is full of humility, trust, and insight: “even the dogs eat the crumbs that fall from their master’s table”. She doesn’t turn away. Instead, she responds with remarkable faith. Jesus often teaches through pictures and comparisons, and many people struggle to understand what he means. But this woman understands. She sees beyond the surface of the words and trusts the goodness and mercy of Jesus. Her faith shines through this encounter; she goes to Jesus honestly, persistently, and with deep trust. Her faith is not loud or entitled, but humble and courageous. And perhaps this is where the passage speaks so gently to us. Like the Canaanite woman, we are invited to bring our needs to Jesus, even when the way ahead feels unclear. When we open our hearts and minds to him, we too may find that even the smallest sign of God’s grace is enough to sustain us, bless us, and draw us into deeper faith.

Mental Health Counselling for people experiencing homelessness

During our outreach work, it has become increasingly clear that mental health challenges and homelessness are deeply interconnected. We are therefore pleased to share that Saltash Wesley has received a grant from the Cornwall Council Community Foundation to provide confidential one-to-one mental health counselling for people who are homeless or at risk of homelessness in Cornwall. Sessions will be delivered by an experienced, qualified counsellor, offering emotional and therapeutic support that is becoming harder to access through the NHS. Counselling can be provided in person or online via WhatsApp, depending on individual needs.

If you know anyone who fits the above criteria and may benefit from counselling, please speak in confidence with Roger or Anita T.

Free First Aid training: we are looking for volunteers to renew or take their First Aid Certificate for the first time. No-one would have sole responsibility, but it is important that we have cover, particularly on Sundays when Wesley is very busy. We are also aware that we need to update our Defibrillator training. Please let Jo L know ASAP if you would be interested in finding out more, so that we can have an idea of numbers and organise the relevant training.



Flowers for Sunday.

Flowers have been donated by: Linda Eastlake, in memory of her husband Paul, parents and sister.

Zoom Bible Study

The next Zoom Bible studies will not be until Thursdays 10 and 24 September 2026. Thereafter there may not be an established pattern. Dates will be chosen on a 'month at a time' system, until otherwise decided, and will be published in the newsletter.

To join either scan the QR code or enter: Meeting ID 811 8674 4033 Passcode: bookofacts

Clicking on the link below will also take you to Zoom.

<https://zoom.us/j/81186744033?pwd=cGhVc0xGZDduTGJPTk1EMIRTUnk2Zz09>





Photos for our Website

Our Wesley Administrator, Fiona is doing some work on updating our Wesley website. If you belong to a group or organisation, please can you try and send her some recent photos to add to the website. If no-one in your group has any, then make the opportunity during the summer to take a few! Please ensure that if any children are featured, you obtain permission from their parents first. Our website is often the first point of contact for anyone wanting to find out more about Wesley and it's important that we showcase all the many and varied facets of our church life.

We would also like to have some general information about the groups as well as current news and photographs. If you run a group at Wesley, do please get in touch with our administrator to provide some details of the group you run.

Cleaners wanted !

Currently we have 20 cleaners on our rota who spend 2 hours every 5 weeks cleaning the building. We need another 5 more to make up numbers and fill up the gaps in the rota. If you would like more information: Contact Bob A or Roger T. We look forward to hearing from you.



Gift Day

A big thank you to all members of our congregation who gave so generously to our Gift Day this year. Your kindness and commitment to the life and work of our church are very much appreciated. The amount raised was as follows:

Church organisations	£4,647
Individual donations	£5,178
Gift Aid on individual donations	£1,224
Total	£11,049

Venezuela Appeal

The amount raised towards the Venezuela Earthquake Appeal amounted to £450 on which Gift Aid of £110 will be claimed making a total of £560. The Stewards have requested that this amount be sent via Christian Aid. Thank you again to our congregation whose generosity continues to make such a meaningful difference.

LITTLE FISHES COFFEE, CAKE & PLAY



SATURDAY 22 AUGUST
FROM 10 AM - 12 NOON



**WITH A MINI BOUNCY
CASTLE FOR SOME
BOUNCY FUN!**

SALTASH WESLEY METHODIST CHURCH



A heart for God at the heart of Saltash

Saltash Wesley Church, Callington Road, PL12 6LA

E. office@wesleyweb.co.uk, T. 01752 845177,

W. wesleyweb.co.uk

Have something you'd like to go into the next newsletter? Please send it, by email or by leaving a note in the external post box, before the evening of Wednesday 19 August, Thank you!